

# Adult Survivors of Narcissistic Abuse

Facilitated by Juliet Ogbonna and Justin Coffey, Graduate practicum students  
(Supervised by Julia Cedeno, LCSW-S, RPT)

This group is for adults who are in or have been in relationships with a narcissist. The narcissist could be a parent, an ex, a spouse or partner, a close friend or any relationship that has or is causing distress.

**VIRTUAL  
Saturdays**

**10-11AM**

**June 10-July 29th**

**8 weeks**

*Cost*

*\$15 per group*

In this group, you will build skills to navigate these difficult relationships and process all of the feelings that accompany being in a narcissistic relationship.

**To Register:**

**Call/Text 832-303-8933 or**

**Email [admin@juliascounseling.com](mailto:admin@juliascounseling.com)**

**[www.juliascounseling.com](http://www.juliascounseling.com)**