

DBT GROUP FOR TEENS 13-17

LEARN TO CONTROL
OVERWHELMING EMOTIONS,
THOUGHTS, AND BEHAVIORS

MONDAYS OR WEDNESDAYS

(MON) 3-4 PM

(WED) 4-5PM

JUNE 12-AUGUST 7

WOODLANDS LOCATION

\$20/GROUP

To Enroll:

EMAIL ADMIN@JULIASCOUNSELING.COM
OR CALL/TEXT 832-303-8933

Facilitated by Juliet Ogbonna,
Clinical graduate practicum student.
Supervised by Julia Cedeno, LCSW-S, RPT

