



ARTFUL EMOTIONS— TEEN EXPRESSIVE ARTS GROUP

Facilitated by Juliet Ogbonna, Graduate practicum student,
Supervised by Julia Cedeno, LCSW-S, RPT

This group is for teens who would like to use art to help process and explore emotions.

Each session teens will be given an emotion and prompt that they will process and express through art. Music, materials, and snacks provided. Mediums will include canvas/art, clay, collage, and more.



@ Woodlands Location

**June 21st-July6th
Every Wed & Thurs
for 3 weeks**

2:00-3:30PM

Cost is \$150 for all 6 days

To Register: Call/Text 832-303-8933 or
Email Admin@juliascounseling.com

www.juliascounseling.com